Same-day inlay/onlay technique

By Lorin Berland, DDS, FAACD

I am always looking for ways to help my patients get the dentist-try they want and deserve. More and more patients are demanding esthetic, reliable alternatives for their old, defective amalgams.

They still want to avoid crowns, root canals and multiple visits. This is why I’ve been providing reliable, durable and much appreciated biomimetic same-day inlays and onlays for years.

What is biomimetic dentistry?

Biomimetic dentistry is conservative, preservative dentistry. We treat weak, fractured and decayed teeth in a way that conserves tooth structure and helps preserve strength.

This helps provide resistance to bacterial invasion. It reduces the need to cut down teeth for crowns and will reduce postoperative discomfort, as well as the need for two appointments, and possible endodontic treatment.

In essence, it is utilizing the latest in dental materials and technology to keep what we’ve got for as long as we know — just as nature intended. Unlike other parts of our bodies, our teeth do not mend on their own.

It is, therefore, imperative to conserve as much natural tooth structure as possible. We strive to do this with same-day inlays/onlays.

This means no excessive tooth removal, no cumbersome temporaries and no time-consuming and uncomfortable second visits.

Biomimetic: to copy/mimic nature

Nature is our ideal model. In order to mimic nature, we must understand what nature looks and feels like.

We need to know how it moves and functions. In other words, we study nature’s properties so that we can better replicate it. We want stronger dental units — teeth and restorations — not just stronger crowns.

Now it is possible to rebuild teeth with newer materials and techniques that more closely simulate natural teeth and hold up better to the hearty demands of life.

Through advances in dental adhesives, we strive to make the compromised tooth whole, using materials that best mimic dentin and enamel.

Our patients can testify that biomimetic restorations look and feel that best mimic dentin and enamel. We want them to at the heart of biomimetic dentistry.

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Moreover, that second visit is what keeps many patients from being proactive about replacing all of their old amalgams. In addition, it’s also what makes it so costly — for your patients and for you.

That’s why if you incorporate these restorations in your practice, your overhead goes down and your profits increase — all while taking better care of your patients.

Same-day inlay/onlays will definitely benefit your patients and your practice.

For a minimum investment in new equipment and materials, and a very short and easy learning curve, you and your assistants can quickly begin to replace defective amalgam restorations and at the same time conserve and reinforce remaining tooth structure — and so much more!

Your quadrant and full-mouth dentistry will definitely increase along with patient satisfaction, referrals and profits.

Look at the benefits for you and your patients:

• No lab bill means reduced overhead costs.

If you’d like more information on the Biomimetic Same Day Inlay/Onlays 8-AGD credit CD-ROM that outlines the materials, equipment and techniques, please call (214) 999-0110 or e-mail ashley@dallasdentalspa.com.

About the author

Dr. Lorin Berland, a fellow of the Aacd, pioneered the Dental Spa concept in his multi-doctor practice in the Dallas Arts District. In 2008, he was honored by the Aacd for his contributions to the art and science of cosmetic dentistry.

For more information on the Lorin Library Smile Style Guide, www.denturewearers.com, a “Full-mouth Rehaul in 2 Visits” DVD and